

## What is PAE?

Prostatic artery embolization (PAE) is a minimally invasive treatment that helps improve lower urinary tract symptoms caused by a Benign Prostatic Hyperplasia (BPH).

## **Procedural Details**

- PAE is performed by an Interventional Radiologist through a small catheter inserted into the artery in your wrist or groin.
- The interventional radiologist will then guide the catheter into the vessels that supply blood to your prostate.
- Tiny round microspheres (particles) are injected through the catheter and into the blood vessels that feed your prostate to reduce its blood supply
- Following this procedure, the prostate will begin to shrink, relieving and improving symptoms usually within days of the procedure.



## What are the Advantages of PAE?

Prostatic artery embolization (PAE) is a minimally invasive treatment that helps improve lower urinary tract symptoms caused by a Benign Prostatic Hyperplasia (BPH).



No surgical incision or device inserted into the urethra.



Performed in an outpatient setting under "twilight sleep" with no general anesthesia.



Painless procedure lasting approximately 1 hour.



Very low complication rate and no reports of impotence or incontinence after PAE.



Symptom improvement occurs 2-3 weeks after the procedure.



Return to full activity within one week.

## By the numbers



As many as 14 million men in the United States have symptoms of BPH



80-90% effective in reduction of symptoms



5-7 years durability for relief of symptoms



By age 60, 50% of men will have some signs of BPH

